Pathways out of Hospital to Specialist Support in the Community

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Aims

- **Our Pathway**
- **The Key Ingredients:**
  - Discharge planning
  - Relationships
  - Support planning
  - Goal focused approach
  - Continuity of care
  - Moving on
- **Mary's Story**
- **'The Perfect Journey'**

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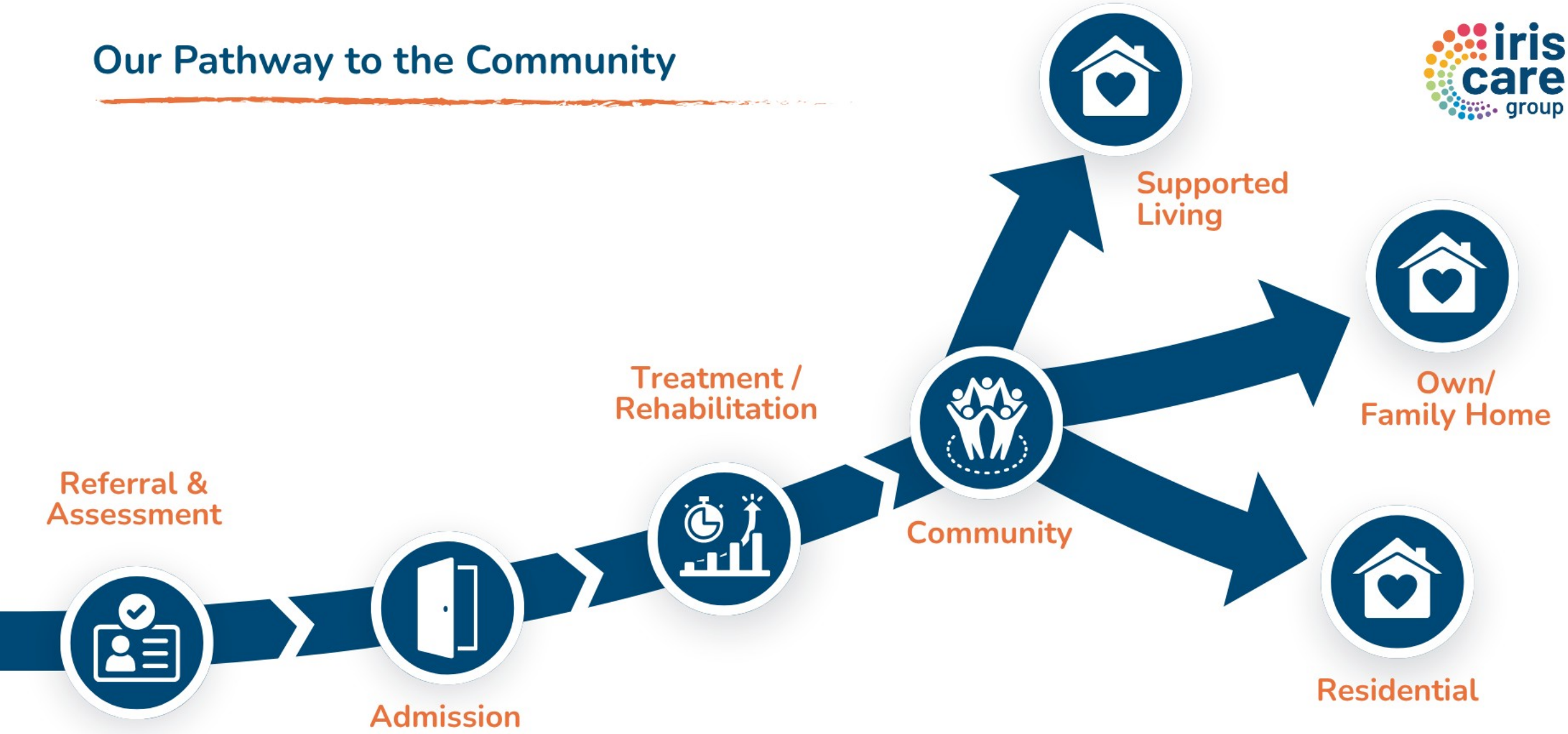
Our Pathway to the Community



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Discharge Planning to Successful Community Living

- From the point of referral
- Discharge goals – co-produced with individual and commissioners
- Clinical expertise
- Assessments and outcomes
- Community service spec / environmental brief / PBS plans
- Community considerations
  - Risk management
  - Legal framework
  - Least restrictive
- Joint referrals meetings – pathways

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Relationships

- Importance of good working relationships in discharge planning
- Internal MDT
- Relationships with External Teams
- Relationships with Key Stakeholders
- Relationships with Families
- Dedicated Business Development team
- Co-Production with Individual

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Support Planning

- Bespoke, person-centred planning
- Positive Behavioural Support and Safety & Support Plans
- Adaptive and responsive
- Follows person through their journey
- Tells story for the individual so that they don't have to repeat
- Measurable outcomes
- Regular updates and monthly MDT's to come together to understand where we are in meeting the goals set, and the next steps to achieving the goals

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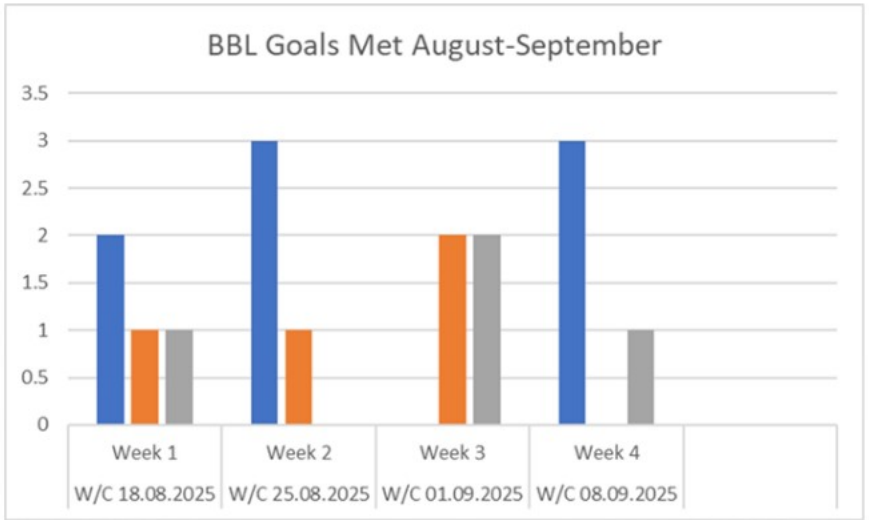
Goal Focused Approach

- Initial goal to move on from hospital; then what?
- **RISE** - Recovery in Supported Environments
- **BBL** - Building Better Lives
- Coaching catch ups



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Continuity of Care

- Empowering the person we support to take ownership of their pathway
- Joint working
- Consistency in language of care
- MAPPA, PPU, and MOJ co-ordination
- Consistency in staff training and support

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Moving On

- Moving on pack - planning, reflection, and ongoing building
- Network training
- Shadowing
- Section 17 leave use

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[redacted]'s Story

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The Perfect Journey

- Person-Centred & Co-Produced
- Evidence-Based & Outcomes-Focused
- Least Restrictive & Recovery-Oriented
- Integrated and Collaborative
- Trauma-Informed & Psychologically Safe

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